

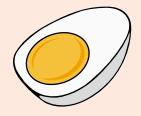
lunchbox snack ideas.

Fruit & Vegetables

VEGETABLES	 Celery sticks	 Carrot sticks	 Cucumber	 Avocado halves	 Cherry tomatoes
VEGETABLES	 Capsicum	 Snow peas	 Corn	 Raw beans	 Broccoli
FRUIT	 Apple	 Orange	 Banana	 Mandarin	 Pear
FRUIT	 Stone fruit	 Tinned fruit in natural Juice	 Kiwi Fruit	 Grapes	 Seasonal berries
FRUIT	 Mango	 Pineapple	 Watermelon	 Rockmelon	 Lychees

lunchbox snack ideas.

Pantry & Fridge

PANTRY					
PANTRY					
PANTRY					
FRIDGE					
FRIDGE					