

general fun starters

conversation starters

**what's the funniest
thing that happened
to you this week?**

general fun starters

conversation starters

**if animals could talk,
which one would be
the funniest?**

general fun starters

conversation starters

**what's your dream
holiday destination
and why?**

general fun starters

conversation starters

**if you could be any
character from a
book or movie, who
would you be?**

general fun starters

conversation starters

**if you could time
travel, would you go
to the past or the
future?**

general fun starters

conversation starters

**if you could instantly
learn any skill, what
would it be?**

general fun starters

conversation starters

**what's your
favourite family
tradition?**

general fun starters

conversation starters

**what's the best
sound in the world?**

general fun starters

food-themed fun

conversation starters

**if you could only eat
one meal forever,
what would it be?**

food-themed fun

conversation starters

**what's the most
interesting food
you've ever tried?**

food-themed fun

conversation starters

**what's your
favourite smell from
the kitchen?**

food-themed fun

conversation starters

**if you could plant
one food from your
plate, which would
it be?**

food-themed fun

conversation starters

**what's one food
you've never tried
but would like to?**

food-themed fun

conversation starters

**what's one food you
think tastes better
cold than hot?**

food-themed fun

conversation starters

**which world cuisine
would you like to
learn more about?**

food-themed fun

conversation starters

**if you could mix two
fruits into a new
fruit, what would
you call it?**

food-themed fun

conversation starters

**what's one thing that
made you smile today?**

gratitude & reflection

conversation starters

**what's something
you're thankful for
today?**

gratitude & reflection

conversation starters

**what's one thing
that went well for
you today?**

gratitude & reflection

conversation starters

**who inspires you
and why?**

gratitude & reflection

conversation starters

**what's one thing you
learned about
yourself recently?**

gratitude & reflection

conversation starters

**what's something you
did today that you
feel proud of?**

gratitude & reflection

conversation starters

**what's one thing
you're looking
forward to
tomorrow?**

gratitude & reflection

conversation starters

**what's a goal you're
working toward at
the moment?**

gratitude & reflection

conversation starters

**what's something
new you'd like to
do together?**

family & connection

conversation starters

**if you could plan
your ideal day
together, what
would it include?**

family & connection

conversation starters

**what's the best advice
you have received
from someone at the
table?**

family & connection

conversation starters

**what's one thing you
appreciate about the
person sitting next
to you?**

family & connection

conversation starters

**what's one thing
you'd like us to do
together more often?**

family & connection

conversation starters

**what's your favourite
way to spend time
together?**

family & connection

conversation starters

**if you had an extra
hour in the day, how
would you spend it?**

family & connection

conversation starters

**what's the kindest
thing someone at
the table has done
for you?**

family & connection

curiosity & learning

conversation starters

**what's one new
thing you learned
today?**

curiosity & learning

conversation starters

**if you could swap
places with a
scientist, what
would you study?**

curiosity & learning

conversation starters

**what invention do
you think changed
the world the most?**

curiosity & learning

conversation starters

**if you could visit any
country to learn
about its food,
where would you go?**

curiosity & learning

conversation starters

**what's the most
interesting fact you
know?**

curiosity & learning

conversation starters

**what's something
you'd like to learn
this year?**

curiosity & learning

conversation starters

**if you lived 100
years ago, what
job do you think
you'd have?**

curiosity & learning

conversation starters

**what's a question
you've always
wanted answered?**

curiosity & learning

big dreams & goals

conversation starters

**what do you want to
be when you grow up?**

big dreams & goals

conversation starters

**if you could write a
book, what would it
be about?**

big dreams & goals

conversation starters

**what's a skill you'd
love to master?**

big dreams & goals

conversation starters

**who's someone
you'd love to meet
and why?**

big dreams & goals

conversation starters

**if you could help the
world in one way,
what would it be?**

big dreams & goals

conversation starters

**what's one thing
you'd like to teach
others?**

big dreams & goals

conversation starters

**if you could open
any type of shop,
what would you sell?**

big dreams & goals

conversation starters

**what's something
you're excited about
in the next month?**

big dreams & goals