



fruit kebabs

These are a fun snack for morning or afternoon tea. Kids can help by threading pieces of fruit onto the paddle pop sticks.

ingredients

Serves 6

- 1 oranges
- 6 strawberries
- 2 kiwifruits
- 1/4 melon (eg. watermelon, rockmelon or honeydew)
- 6 wooden paddle pop sticks
- 250g yoghurt

method

1. Peel oranges and cut into cubes. Rinse strawberries, remove stalks and cut in half. Peel kiwifruits and cut into quarters. Remove skin from melon and cut into cubes.
2. Arrange fruit on a platter and thread pieces onto wooden paddle pop sticks.
3. Serve with yoghurt for dipping.



For a milk free option, serve with soy yoghurt or rice milk custard instead of yoghurt.

Kids can help by threading pieces of fruit onto the paddle pop sticks.